



# Arizona Healthy Communities

**Brian Fellows**  
**Senior Transportation Planner**



# **The Link Between Health and the Built Environment**

**Brian Fellows**  
**Senior Transportation Planner**

# Win a Fit Bit Flex



 fitbit flex™  
Wireless Activity + Sleep Wristband

# ADA curb ramp

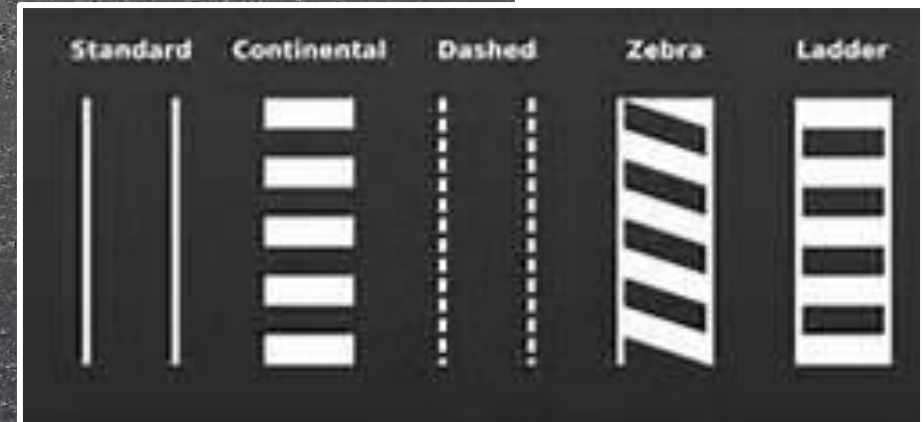




# Shade (artificial)



# Crosswalk





# Tactile strip





# Bike rack

“Inverted U” rack recommended



“Wheelbender” rack – not recommended



A “wave” rack – okay,  
but not preferred





# Sidewalk obstruction



# Speed bump



# Speed hump



# Vertical curb



# Rolled curb

# Narrow sidewalk



# Wide sidewalk

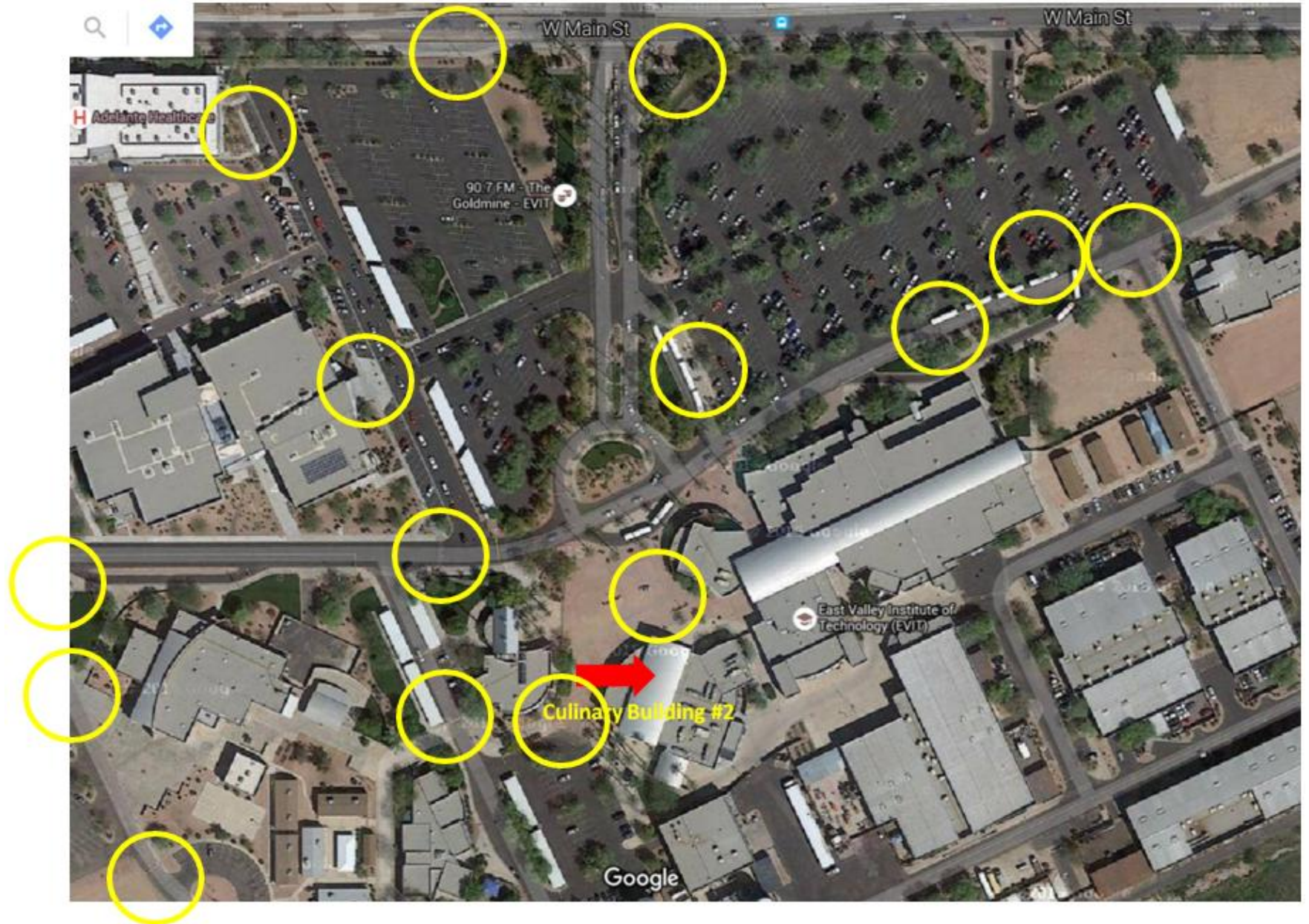


# Bike lane





# Site map





# Instructions:



- 1) Pick up a packet from your table
- 2) Do the scavenger hunt
- 3) Take photos of your hunt and tweet them with #azhealthycommunities
- 4) Return your completed form at the registration table
- 5) Enter the raffle to win a Fitbit Flex

**BE BACK FOR LUNCH BY 1:00!**

# Questions?





Brian Fellows

[brian.fellows@amec.com](mailto:brian.fellows@amec.com)

(602) 733-6174

