



Arizona Healthy Communities

Brian Fellows
Senior Transportation Planner



The Link Between Health and the Built Environment

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Win a Fit Bit Flex



fitbit flex™
Wireless Activity + Sleep Wristband

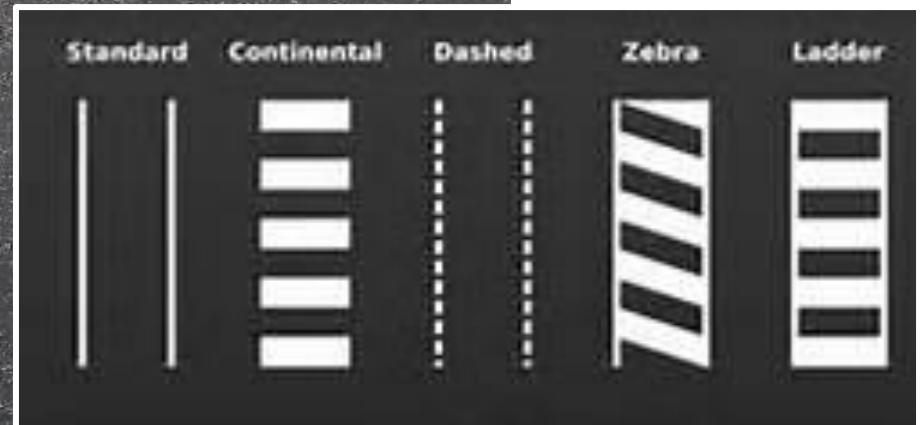
ADA curb ramp



Shade (artificial)



Crosswalk



Tactile strip



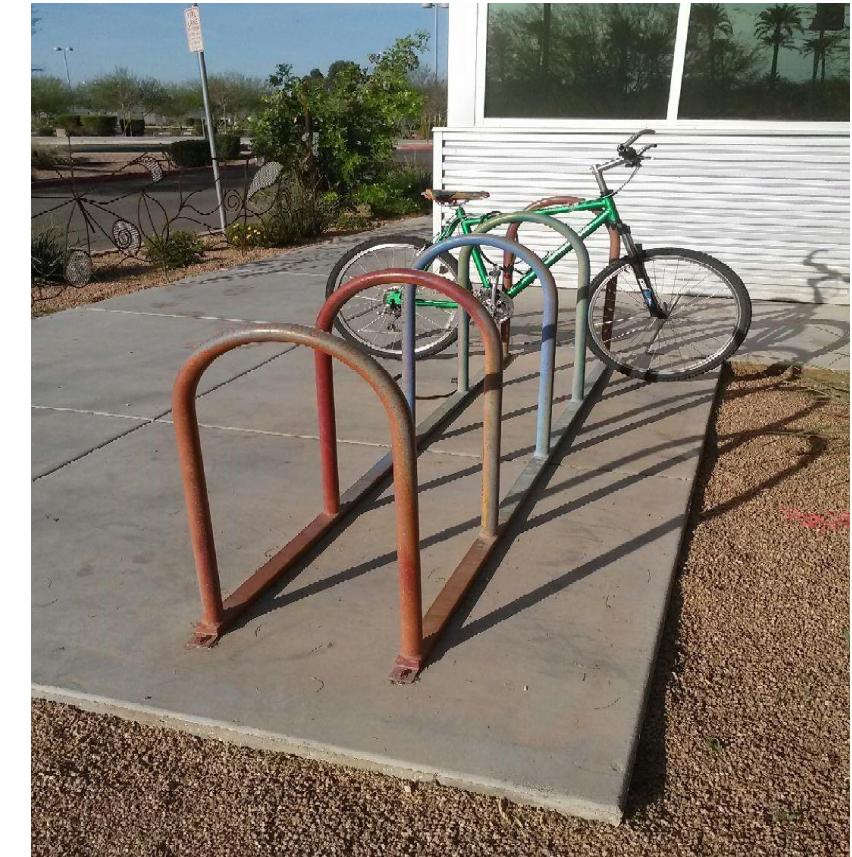
Bike rack



“Wheelbender” rack – not recommended

A “wave” rack – okay, but not preferred

“Inverted U” rack recommended



Sidewalk obstruction





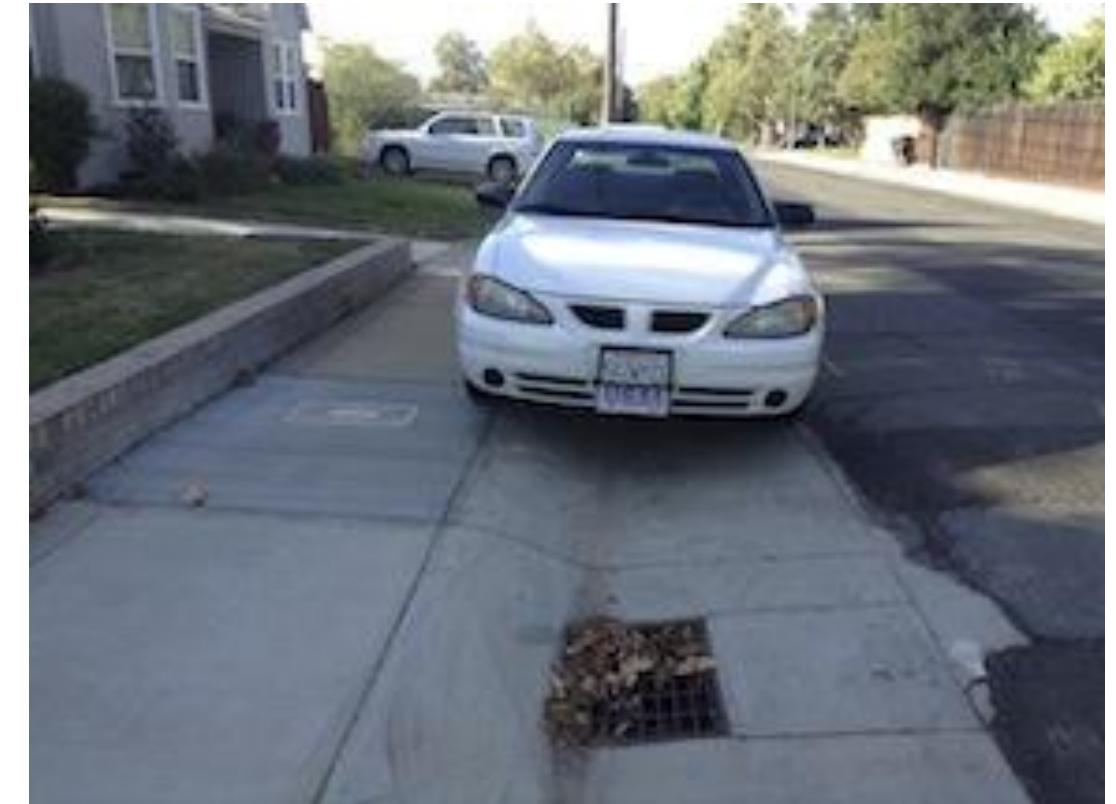
amec
foster
wheeler

Speed bump



Speed hump

Vertical curb



Rolled curb

Narrow sidewalk

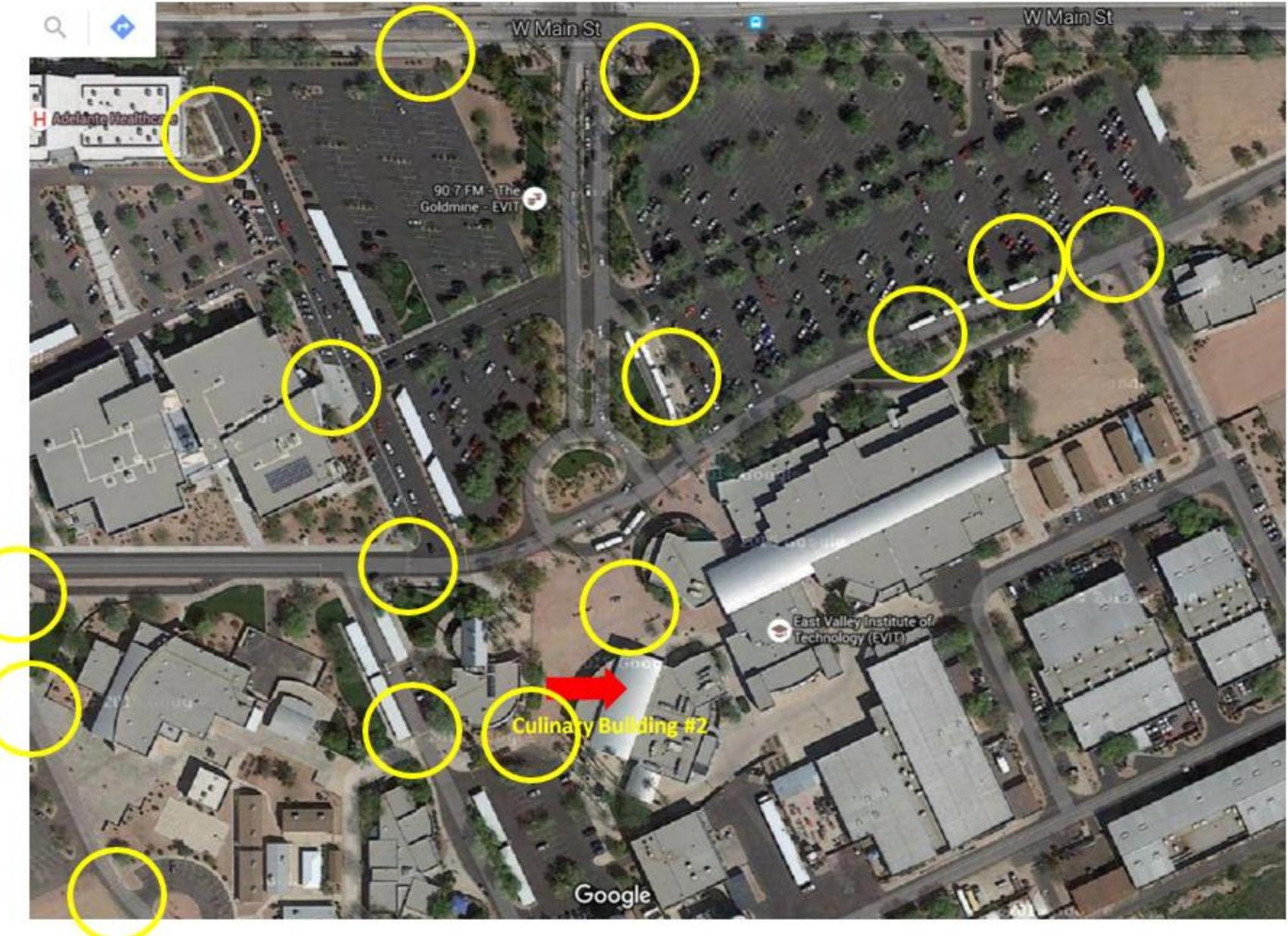


Wide sidewalk

Bike lane



Site map



Instructions:

- 1) Pick up a packet from your table
- 2) Do the scavenger hunt
- 3) Take photos of your hunt and tweet them with #azhealthycommunities
- 4) Return your completed form at the registration table
- 5) Enter the raffle to win a Fitbit Flex



BE BACK FOR LUNCH BY 1:00!

Questions?



Brian Fellows

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amec
foster
wheeler